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|  | **Answer** | **Cite** | **Explain** |
| What effect might too much texting have on a student’s relationships? |  |  |  |
| What is “sleep texting?” |  |  |  |
| What does the word adolescents mean in Dr. Dowdell’s quote about sleep needs? |  |  |  |
| Is Kenny or Franchesca more likely to text less in the future than they did before the experiment? |  |  |  |
| A teen checks his phone every five minutes, and his mood changes when he doesn’t have access to his phone. Might he have an addiction? |  |  |  |